THE HAPPY TEACHER PROJECT

Background

The **Happy Teachers Project** is a collaboration between the Montana Safe Schools Center (MSSC) and the Montana Happiness Project, L.L.C. Recognizing the immense stress that many educators experience, we applied for and received grant funding from the Arthur M. Blank Family Foundation to provide trainings to Montana Educators.

Educators who complete our trainings can receive either low-cost University of Montana graduate credit or OPI credit.

Training Opportunities

Our goal is to work with Montana School Districts and Montana Educators to deliver **convenient and low-cost** trainings on evidence-based happiness. **Courses and workshops can be delivered live and synchronous, online and synchronous, or online and asynchronous.** Options include:

- Three (3) credit graduate course on Evidence-Based Happiness for Educators through U of M. Cost: \$195 per teacher (usual cost for 3 graduate credits is \$1,000+)
- One (1) credit graduate course on Evidence-Based Happiness for Educators through U of M. Cost: \$70 (usual cost is \$300+)
- OPI credit for workshops, in-services, and courses delivered in collaboration with school districts. Cost: \$250 per training hour. [Note: if you have no budget for teacher training, we can use grant funds to underwrite trainings.]
- Evidence-based happiness lectures and demonstrations for students. Cost: Negotiable; we don't yet have grant funding for student presentations.

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